



Leigh Pickard

DSU Nutrition/Dietetics Alum

I graduated from DSU in 2004 with a Bachelor of Science degree in Family and Consumer Sciences, with a concentration in Nutrition and Dietetics and a minor in Chemistry.

This education led me to my current position as the Coordinator and Registered Dietitian for the Healthy Campus/Community Initiative in the College of Education at Delta State University, with leadership from the Blue Cross & Blue Shield of Mississippi Foundation.

The field of nutrition and its role in medicine changes rapidly. The instructors at Delta State have done a tremendous job encouraging and supporting me throughout my career. Not many students can say that their college professors have been there for them throughout their careers, but that is exactly the level of commitment that the faculty in the Family & Consumer Sciences Division and the College of Education have provided.